

DIABETES COMMUNITY RESOURCES: CITY-WIDE

Effective September 1, 2015

The sites listed below will accept referrals city wide					
Agency	Contact	Additional Referral Criteria	CDE or Diabetes Educator (DE)	Individual Appointments	Group Classes
Centre de Sante, St. Boniface Health Centre www.centredesante.mb.ca	409 Tache Avenue Ph: 204-235-3910 Fax: 204-237-9057	French-speaking residents of Winnipeg and non-French speaking residents of St. Boniface Community area (R2H,R2J,R3X)	DE	Yes (RD & physical activity counselor)	Yes (French/Eng)
Reh-Fit Centre www.reh-fit.com	1390 Taylor Avenue Ph: 204-488-8023 Fax: 204-488-4819	Open to anyone Registration \$ fee (financial assistance if eligible)	CDE (RD)	RD	Yes (education + exercise)
Wellness Institute at Seven Oaks Hospital www.wellnessinstitute.ca	1075 Leila Avenue Ph: 204-632-3927 Fax: 204-697-2412	Open to anyone Registration \$ fee	CDE	Yes	Yes (education + exercise)
TeleCARE	204-788-8688 Toll Free: 1-866-204-3737	Telephone-based nurse managed program for Manitobans with diabetes A1c < 9 (not on insulin)	DE	Yes	
Youville Diabetes Centre (St. Boniface) www.youville.ca	33 Marion Street (Dominion Centre) Ph: 204-233-0262 Fax: 204-233-1520	Education/management complex cases. <i>No Prediabetes</i> <i>No Type 2 "lifestyle only" treatment</i>	CDE	Yes	Yes

Diabetes Complex Care Teams (tertiary care referrals)					
Agency	Contact	Additional Referral Criteria	CDE or Diabetes Educator (DE)	Individual Appointments	Group Classes
Adult Medical Clinic at Grace Hospital 408 Dorothy Wood Building www.gracehospital.ca	300 Booth Drive Ph: 204-837-0790 Fax: 204-837-0791	Endocrinology based Diabetes Care Team for Complex Care	CDE	Yes	
Health Science Centre	820 Sherbrook Street Ph: 204-787-7852 Fax: 204-787-3786	Endocrinology based Diabetes Care Team for Complex Care	CDE	Yes	
St. Boniface Hospital	C-5 409 Tache Avenue Ph: 204-237-2908 Fax: 204-233-7154	Endocrinology based Diabetes Care Team for Complex Care	CDE	Yes (Physician referral)	

National Agencies					
Agency	Address	Additional Referral Criteria	CDE or Diabetes Educator (DE)	Individual Appointments	Group Classes
National Aboriginal Diabetes Association www.nada.ca	103-90 Garry Street Ph: 204-927-1221 Fax: 204-927-1222	Online and print material	N/A	N/A	N/A
Canadian Diabetes Association www.diabetes.ca	200-310 Broadway Ave Ph: 204-925-3800 or Toll Free: 1-800-226-8464 Fax: 204-949-0266	Online Learning Presentations Online and Print Resource Virtual Health Coaching	N/A	N/A	Intro diabetes education on request
Find a Dietitian	http://manitobadietitians.ca/for_the_public/find_a_dietitian.aspx		RD	N/A	N/A

**Refer to WRHA Diabetes Service Directory for program details, referral forms and Winnipeg Region map:
(<http://www.wrha.mb.ca/healthinfo/a-z/diabetes/directory-education.php>)**

DIABETES RESOURCES: COMMUNITY SPECIFIC

The sites listed below offer diabetes education classes and /or individual appointments for adults with Type 2 Diabetes

River Heights / Fort Garry (available to residents living in: R3N R3M R3L R3T R3V R3Y)

Agency	Contact	Additional Referral Criteria	CDE or Diabetes Educator (DE)	Individual Appointments	Group Classes
Corydon Primary Care Clinic	102-1001 Corydon Avenue Ph: 204-940-2000 Fax: 204-477-2730		CDE		Yes
Reh-Fit Centre www.reh-fit.com	1390 Taylor Avenue Ph: 204-488-8023 Fax: 204-488-4819	Open to anyone Registration \$ fee (financial assistance if eligible)	CDE (RD)	Yes	
Victoria General Hospital Diabetes Education Centre (DEC)	2735 Pembina Highway Ph: 204-477-3305 Fax: 204-275-8546		CDE	Yes (must attend group classes first)	Yes

St. James / Assiniboia (available to residents living in: R3R R3S R3P R2Y R3H R3J R3K R3N west of route 90)

Agency	Contact	Additional Referral Criteria	CDE or Diabetes Educator (DE)	Individual Appointments	Group Classes
Adult Medical Clinic at Grace Hospital 408 Dorothy Wood Building www.gracehospital.ca	300 Booth Drive Ph: 204-837-0790 Fax: 204-837-0791	Complex care	CDE	Yes	
Healthy Aging Resource Team (HART) www.wrha.mb.ca/community/seniors/services-hart.ca	3-203 Duffield Street Ph: 204-940-3261 Fax: 204-987-8856	St. James-Assiniboia/Assiniboine South Adults 55+	DE	Yes	Yes
Access Winnipeg West	289 Booth Drive ph: 940-8724 fax: 940-2605	Ages 2-54	RD	Yes	Yes

Seven Oaks / Inkster (available to residents living in: R2P R2V R4A R2R R2X R3E)

Agency	Address	Additional Referral Criteria	CDE or Diabetes Educator (DE)	Individual Appointments	Group Classes
Access NorWest www.norwestcoop.ca	785 Keewatin Street Ph: 204-938-5900 Fax: 204-938-5994	Provides services to Inkster and Seven Oaks residents (except Riverbend and West St.Paul)	CDE	Yes	Yes
Wellness Institute at Seven Oaks Hospital www.wellnessinstitute.ca	1075 Leila Avenue Ph: 204-632-3927 Fax: 204-697-2412	Open to anyone Registration \$ fee (RD insured by extended health)	CDE	Yes (RD)	Yes

Point Douglas / Downtown (available to residents living in: R2W R3A R3B R3C R3G R3E)

Agency	Contact	Additional Referral Criteria	CDE or Diabetes Educator (DE)	Individual Appointments	Group Classes
Access Downtown / Health Action Centre	640 Main Street Ph: 204-940-1626 Fax: 204-942-7828		CDE		Yes
Hope Centre Health Care Inc.	240 Powers Street Ph: 204-589-8354 Fax: 204-586-4260		DE	Yes	Yes (& group ex)
Klinic Community Health Centre www.klinic.mb.ca	870 Portage Avenue Ph: 204-784-4090 Fax: 204-784-4013		CDE/RD		Yes
Mount Carmel Clinic www.mountcarmel.ca	886 Main Street Ph: 204-582-2311 Fax: 204-582-6006		DE	Yes	Yes
Northern Connections Medical Centre	425 Elgin Avenue, Lower Level Ph: 204-940-8777 Fax: 204-940-4387	Individuals temporarily in Winnipeg from specific northern communities and military families posted in Winnipeg	CDE	Yes	

River East / Transcona (available to residents living in: R2C R3W R2E R2G R2K R2L)

Agency	Contact	Additional Referral Criteria	CDE or Diabetes Educator (DE)	Individual Appointments	Group Classes
Access River East	975 Henderson Hwy Ph: 204-938-5000 Fax: 204-938-5449	Residents of River East (R2E R2G R2K R2L) No classes July/Aug/Dec	CDE (RN & RD)	Physician referral to see RD(CDE)	Yes Self-referral
Access Transcona	845 Regent Avenue Ph: 204-938-5555 Fax: 204-938-5510	Residents of Transcona (R2C R3W) No classes July/Aug/Dec	CDE (RN & RD)	Physician referral to see RD(CDE)	Yes Self-referral
Healthy Aging Resource Team (HART) River East/Transcona www.wrha.mb.ca/community/seniors/services-hart.ca	720 Henderson Hwy Ph: 204-940-2114 Fax: 204-940-3629	Adults 55+	DE	Yes	Yes

St. Boniface / St. Vital (available to residents living in: R2H R2J R3X R2M R2N)

Agency	Contact	Additional Referral Criteria	CDE or Diabetes Educator (DE)	Individual Appointments	Group Classes
Centre de Sante, St. Boniface Health Centre www.centredesante.mb.ca	409 Tache Avenue Ph: 204-235-3910 Fax: 204-237-9057	French-speaking residents of Winnipeg and non-French speaking residents of St.Boniface Community area (R2H R2J R3X)	DE	Yes (RD and phys.ed counselor)	Yes (Fr & Eng)
Youville Centre (St. Vital) www.youville.ca	6-845 Dakota Street Ph: 204-255-4840 Fax: 204-255-4903	Adult residents of St. Vital (R2M R2N) diagnosed with Prediabetes or Type 2	CDE/DE	Yes	Yes

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(<http://www.wrha.mb.ca/healthinfo/a-z/diabetes/directory-education.php>)**